



ሬስታዋኤዶ ፡ Rastawahedo

Maison orthodoxe Rastafari ፡ የሬስታፋሪ ኦርቶዶክስ ቤት ።

Lecture quotidienne des psaumes



| Jour | Sept. | Oct. | Nov. | Dec. | Jan. | Fev. | mars | avril | mai | juin | juil. | août |
|------|-------|------|------|------|------|------|------|-------|-----|------|-------|------|
| 1 | 76 | 62 | 78 | 37 | 28 | 126 | 62 | 1 | 131 | 114 | 41 | 143 |
| 2 | 94 | 146 | 24 | 59 | 13 | 120 | 113 | 56 | 17 | 93 | 59 | 138 |
| 3 | 134 | 55 | 139 | 87 | 53 | 25 | 121 | 78 | 8 | 65 | 119 | 23 |
| 4 | 150 | 3 | 16 | 95 | 36 | 1 | 137 | 21 | 17 | 61 | 30 | 86 |
| 5 | 145 | 41 | 109 | 1 | 25 | 52 | 135 | 10 | 45 | 63 | 148 | 91 |
| 6 | 79 | 60 | 102 | 133 | 115 | 92 | 85 | 16 | 90 | 98 | 51 | 20 |
| 7 | 38 | 49 | 23 | 134 | 77 | 84 | 24 | 9 | 53 | 111 | 4 | 140 |
| 8 | 73 | 101 | 71 | 74 | 35 | 132 | 86 | 45 | 2 | 72 | 40 | 89 |
| 9 | 21 | 123 | 9 | 110 | 97 | 14 | 96 | 28 | 29 | 129 | 9 | 107 |
| 10 | 4 | 118 | 63 | 22 | 51 | 112 | 15 | 36 | 108 | 39 | 19 | 44 |
| 11 | 100 | 98 | 71 | 35 | 1 | 18 | 83 | 3 | 43 | 48 | 149 | 81 |
| 12 | 70 | 130 | 80 | 122 | 97 | 26 | 75 | 39 | 44 | 144 | 8 | 117 |
| 13 | 5 | 32 | 4 | 59 | 90 | 125 | 55 | 40 | 19 | 58 | 18 | 105 |
| 14 | 148 | 29 | 39 | 106 | 47 | 42 | 149 | 53 | 39 | 8 | 16 | 99 |
| 15 | 79 | 133 | 2 | 103 | 136 | 88 | 27 | 135 | 115 | 104 | 82 | 121 |

Psaumes du soir

| | |
|----------|----|
| dimanche | 24 |
| lundi | 48 |
| mardi | 82 |
| mercredi | 94 |
| jeudi | 81 |
| vendredi | 93 |
| samedi | 92 |



Jah Sensitive ጃዎንሲ ።

| | | | | | | | | | | | | |
|-----------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 16 | 32 | 122 | 64 | 34 | 36 | 37 | 10 | 96 | 62 | 11 | 116 | 52 |
| 17 | 43 | 15 | 72 | 51 | 38 | 88 | 80 | 6 | 12 | 116 | 30 | 95 |
| 18 | 61 | 20 | 129 | 147 | 14 | 54 | 69 | 142 | 40 | 63 | 127 | 70 |
| 19 | 30 | 132 | 133 | 87 | 136 | 11 | 27 | 27 | 68 | 29 | 12 | 31 |
| 20 | 65 | 50 | 5 | 64 | 114 | 107 | 22 | 35 | 45 | 86 | 141 | 5 |
| 21 | 128 | 93 | 22 | 123 | 73 | 50 | 113 | 56 | 103 | 19 | 143 | 55 |
| 22 | 131 | 146 | 34 | 13 | 81 | 7 | 38 | 106 | 94 | 26 | 41 | 13 |
| 23 | 67 | 10 | 42 | 58 | 12 | 47 | 67 | 54 | 82 | 66 | 52 | 89 |
| 24 | 137 | 117 | 7 | 74 | 127 | 37 | 47 | 118 | 195 | 6 | 33 | 16 |
| 25 | 104 | 57 | 90 | 45 | 102 | 25 | 49 | 143 | 126 | 64 | 65 | 145 |
| 26 | 100 | 33 | 48 | 128 | 138 | 23 | 130 | 112 | 20 | 49 | 43 | 46 |
| 27 | 3 | 44 | 50 | 103 | 46 | 150 | 65 | 142 | 58 | 108 | 42 | 69 |
| 28 | 91 | 83 | 14 | 92 | 24 | 54 | 119 | 60 | 51 | 11 | 75 | 17 |
| 29 | 110 | 61 | 21 | 139 | 85 | 48 | 84 | 31 | 28 | 8 | 125 | 56 |
| 30 | 31 | 124 | 93 | 101 | 120 | | 76 | 144 | 111 | 7 | 129 | 60 |
| 31 | | 77 | | 150 | 68 | | 141 | | 57 | | 6 | 140 |