

10 Km Route

| Sexe | catégorie | "TOP PERF" de la catégorie | | | | | Meilleure Performance Régionale | | | | | Record régional | | |
|------|-----------|----------------------------|------------------------|-------------------------|---------------------------|-------------------------|---------------------------------|--------------------------|-------------------------|---------------------------|------------------------|--------------------------|-------------------------|---|
| | | Perf | Nom - Prénom | Club | Date | Lieu | Perf | Nom - Prénom | Club | Date | Lieu | | | |
| F | Cad | 0:41:33 | CASADO Mathilde | Aj Auxerre Section Mar | 21/09/2008 | Sens (89) | 0:41:33 | CASADO Mathilde | Aj Auxerre Section Mar | 21/09/2008 | Sens (89) | | | |
| | Jun | 0:35:37 | GELIN Clothilde (1977) | Dijon UC | 27/10/1996 | Is-sur-Tille (21) | 0:35:37 | GELIN Clothilde (1977) | Dijon UC | 27/10/1996 | Is-sur-Tille (21) | R | | |
| | Esp | 0:35:43 | TROUSSARD Annie (1974) | Dijon UC | 15/10/1994 | Savigny les Beaune (21) | 0:35:37 | GELIN Clothilde (1977) | Dijon UC | 27/10/1996 | Is-sur-Tille (21) | R | | |
| | Sen | 0:34:24 | TROUSSARD Annie (1974) | Coueurs ROute C O | 19/05/2002 | Mulhouse (68) | 0:34:24 | TROUSSARD Annie (1974) | Coueurs ROute C O | 19/05/2002 | Mulhouse (68) | R | | |
| | Vet | V1 | F40 | 0:37:41 | LAVAL Dominique (1954) | ASPTT Auxerre | 31/05/1998 | Brive (19) Ch Fr | 0:37:41 | LAVAL Dominique (1954) | ASPTT Auxerre | 31/05/1998 | Brive (19) Ch Fr | R |
| | | V1 | F45 | 0:38:44 | LAVAL Dominique (1954) | ASPTT Auxerre | 08/04/2001 | La Rivière De Corps (10) | 0:38:20 | ALEVEQUE Mireille (1948) | EAB Montceau | 13/06/1998 | Ciry Le Noble (71) | |
| | | | F50 | 0:38:20 | ALEVEQUE Mireille (1948) | EAB Montceau | 13/06/1998 | Ciry Le Noble (71) | 0:38:20 | ALEVEQUE Mireille (1948) | EAB Montceau | 13/06/1998 | Ciry Le Noble (71) | |
| | | V2 | F55 | 0:47:51 | GODARD Jaqueline (1948) | ASPTT Auxerre | 19/09/2004 | Sens (89) | 0:44:42 | POILLOT Simone (1941) | ASPTT Auxerre | 15/06/2003 | Langueux (22) - CF | |
| | | | F60 | 0:44:42 | POILLOT Simone (1941) | ASPTT Auxerre | 15/06/2003 | Langueux (22) - CF | 0:44:42 | POILLOT Simone (1941) | ASPTT Auxerre | 15/06/2003 | Langueux (22) - CF | |
| | | V3 | F65 | 0:50:13 | POILLOT Simone (1941) | ASPTT Auxerre | 23/09/2007 | Leucate (11) - CF | 0:50:13 | POILLOT Simone (1941) | ASPTT Auxerre | 23/09/2007 | Leucate (11) - CF | |
| | | | F70 | 0:52:35 | LECLERC Denise (1933) | AC Chenôve | 23/09/2007 | Leucate (11) - CF | 0:52:35 | LECLERC Denise (1933) | AC Chenôve | 23/09/2007 | Leucate (11) - CF | |
| | | F75 | 0:55:38 | LECLERC Denise (1933) | AC Chenôve | 18/10/2009 | Reims (51) | 0:55:38 | LECLERC Denise (1933) | AC Chenôve | 18/10/2009 | Reims (51) | | |
| | M | Cad | 0:33:41 | DE WILDE Antoine (1985) | AO Nevers | 23/03/2002 | Gueugnon (71) | 0:33:41 | DE WILDE Antoine (1985) | AO Nevers | 23/03/2002 | Gueugnon (71) | | |
| | | Jun | 0:31:12 | DAOUIRI Aziz (1984) | UA Sens | 13/04/2003 | La Rivière De Corps (10) | 0:31:12 | DAOUIRI Aziz (1984) | UA Sens | 13/04/2003 | La Rivière de Corps (10) | R | |
| Esp | | 0:30:03 | GOMES Augusto (1974) | Dijon UC | 06/10/1996 | Wittenheim (68) | 0:30:03 | GOMES Augusto (1974) | Dijon UC | 06/10/1996 | Wittenheim (68) | R | | |
| Sen | | 0:29:08 | GOMES Augusto (1974) | Dijon UC | 29/06/2002 | St just - rambert (42) | 0:29:08 | GOMES Augusto (1974) | Dijon UC | 29/06/2002 | St just - rambert (42) | R | | |
| Vet | | V1 | M40 | 0:30:13 | REMOND Philippe (1963) | Dijon UC | 11/01/2004 | Nice (06) | 0:30:13 | REMOND Philippe (1963) | Dijon UC | 11/01/2004 | Nice (06) | R |
| | | V1 | M45 | 0:31:50 | REMOND Philippe (1963) | Dijon UC | 11/01/2009 | Nice (06) | 0:31:50 | REMOND Philippe (1963) | Dijon UC | 11/01/2009 | Nice (06) | |
| | | | M50 | 0:35:05 | PROPHTE Patrice (1948) | AJA Marathon | 19/09/1999 | Sens (89) | 0:34:05 | BALLANDRAS Georges (1943) | AS Tournus | 13/06/1998 | Ciry Le Noble (71) | |
| | | V2 | M55 | 0:34:05 | BALLANDRAS Georges (1943) | AS Tournus | 13/06/1998 | Ciry Le Noble (71) | 0:34:05 | BALLANDRAS Georges (1943) | AS Tournus | 13/06/1998 | Ciry Le Noble (71) | |
| | | | M60 | 0:36:16 | BALLANDRAS Georges (1943) | AS Tournus | 15/06/2003 | Langueux (22) - CF | 0:36:16 | BALLANDRAS Georges (1943) | AS Tournus | 15/06/2003 | Langueux (22) - CF | |
| | | V3 | M65 | 0:39:53 | BALLANDRAS Georges (1943) | AS Tournus | 01/05/2009 | Montceau-Les-Mines (71) | 0:39:53 | BALLANDRAS Georges (1943) | AS Tournus | 01/05/2009 | Montceau-Les-Mines (71) | |
| | | | M70 | 0:42:05 | BOUGUENA Ali (1938) | AJ Auxerre Section Ma | 22/03/2009 | Chalon s/ Saône (71) | 0:42:05 | BOUGUENA Ali | AJ Auxerre Section Ma | 22/03/2009 | Chalon s/ Saône (71) | |
| | | M75 | | | | | | | | | | | | |

15 Km Route

| Sexe | catégorie | "TOP PERF" de la catégorie | | | | | Meilleure Performance Régionale | | | | | Record régional | | |
|------|-----------|----------------------------|---------------------------------|------------------------|-------------------------------|------------------------|---------------------------------|---------------------------------|------------------------|-------------------------------|-------------------|-----------------|----------------------------|---|
| | | Perf | Nom - Prénom | Club | Date | Lieu | Perf | Nom - Prénom | Club | Date | Lieu | | | |
| F | Cad | 1:10:49 | POLI Alexandra (1991) | ACR Dijon | 20/04/2008 | Lindry (89) | 1:10:49 | POLI Alexandra (1991) | ACR Dijon | 20/04/2008 | Lindry (89) | | | |
| | Jun | 0:56:45 | BRIZET-Jacquard M-Celine (1978) | Dijon UC | 20/09/1997 | Grefenseelauf(CH) | 0:56:45 | BRIZET-Jacquard M-Celine (1978) | Dijon UC | 20/09/1997 | Grefenseelauf(CH) | R | | |
| | Esp | 0:57:37 | BRIZET-Jacquard M-Celine (1978) | Dijon UC | 18/10/1998 | CASSINO (ita) | 0:56:45 | BRIZET-Jacquard M-Celine (1978) | Dijon UC | 20/09/1997 | Grefenseelauf(CH) | R | | |
| | Sen | 0:56:29 | LOSSOUARN Patricia (1972) | Dijon UC | 01/11/1998 | Saint Gilles (30) | 0:56:29 | LOSSOUARN Patricia (1972) | Dijon UC | 01/11/1998 | Saint Gilles (30) | R | | |
| | Vet | V1 | F40 | 0:59:08 | LAVAL Dominique (1954) | ASPTT Auxerre | 05/07/1998 | Douvres la Délivrance (14) | 0:59:08 | LAVAL Dominique (1954) | ASPTT Auxerre | 05/07/1998 | Douvres la Délivrance (14) | R |
| | | V1 | F45 | 1:01:01 | LAVAL Dominique (1954) | ASPTT Auxerre | 22/10/2000 | Marcoussis (91) | 1:01:01 | LAVAL Dominique (1954) | ASPTT Auxerre | 22/10/2000 | Marcoussis (91) | |
| | | | F50 | 1:03:09 | LAVAL Dominique (1954) | ASPTT Auxerre | 17/04/2005 | Lindry (89) | 1:03:09 | LAVAL Dominique (1954) | ASPTT Auxerre | 17/04/2005 | Lindry (89) | |
| | | V2 | F55 | 1:15:01 | DIEUDONNE Marie-Jose (1952) | Aj Auxerre Section Mar | 19/04/2009 | Lindry (89) | 1:13:00 | POILLOT Simone (1941) | ASPTT Auxerre | 13/04/2003 | Lindry (89) | |
| | | | F60 | 1:13:00 | POILLOT Simone (1941) | ASPTT Auxerre | 13/04/2003 | Lindry (89) | 1:13:00 | POILLOT Simone (1941) | ASPTT Auxerre | 13/04/2003 | Lindry (89) | |
| | | V3 | F65 | | | | | | | | | | | |
| | | | F70 | | | | | | | | | | | |
| | | F75 | | | | | | | | | | | | |
| | M | Cad | 0:53:12 | MOUJELHI Aimen (1992) | Yonne Ac* | 19/04/2009 | Lindry (89) | 0:53:12 | MOUJELHI Aimen (1992) | Yonne Ac* | 19/04/2009 | Lindry (89) | | |
| | | Jun | 0:54:06 | VITRY Sébastien (1981) | ASPTT Auxerre | 16/04/2000 | Lindry (89) | 0:54:06 | VITRY Sébastien (1981) | ASPTT Auxerre | 16/04/2000 | Lindry (89) | R | |
| Esp | | 0:47:51 | GOMES Augusto (1974) | Dijon UC | 31/03/1996 | Chenôve (21) | 0:47:51 | GOMES Augusto (1974) | Dijon UC | 31/03/1996 | Chenôve (21) | R | | |
| Sen | | 0:44:42 | REMOND Philippe (1963) | Dijon UC | 03/05/1998 | La Courneuve (93) | 0:44:42 | REMOND Philippe (1963) | Dijon UC | 03/05/1998 | La Courneuve (93) | R | | |
| Vet | | V1 | M40 | 0:50:38 | LAISSU Yves (1956) | AS Tournus | 01/05/1997 | Le Puy en Velay (43) | 0:50:38 | LAISSU Yves (1956) | AS Tournus | 01/05/1997 | Le Puy en Velay (43) | R |
| | | V1 | M45 | 0:53:38 | ABDALLAH Sacha Hocacha (1956) | ASPTT Auxerre | 17/04/2005 | Lindry (89) | 0:53:38 | ABDALLAH Sacha Hocacha (1956) | ASPTT Auxerre | 17/04/2005 | Lindry (89) | |
| | | | M50 | 0:54:46 | THEAU Jean-Paul (1950) | UA Sens | 16/04/2000 | Lindry (89) | 0:54:46 | THEAU Jean-Paul (1950) | UA Sens | 16/04/2000 | Lindry (89) | |
| | | V2 | M55 | 0:59:11 | ROBERT Patrick (1950) | ASPTT Auxerre | 23/04/2006 | Lindry (89) | 0:59:11 | ROBERT Patrick (1950) | ASPTT Auxerre | 23/04/2006 | Lindry (89) | |
| | | | M60 | 1:01:24 | BALLANDRAS Georges (1943) | AS Tournus | 23/04/2006 | Lindry (89) | 1:01:24 | BALLANDRAS Georges (1943) | AS Tournus | 23/04/2006 | Lindry (89) | |
| | | V3 | M65 | 1:03:15 | BALLANDRAS Georges (1943) | As Tournus * | 19/04/2009 | Lindry (89) | 1:03:15 | BALLANDRAS Georges (1943) | As Tournus * | 19/04/2009 | Lindry (89) | |
| | | | M70 | 1:08:13 | SINARDET Bernard (1937) | Ea Macon * | 19/04/2009 | Lindry (89) | 1:08:13 | SINARDET Bernard (1937) | Ea Macon * | 19/04/2009 | Lindry (89) | |
| | | M75 | | | | | | | | | | | | |

20 Km Route

| Sexe | catégorie | "TOP PERF" de la catégorie | | | | | Meilleure Performance Régionale | | | | | Record régional | | |
|------|-----------|----------------------------|------------------------|--------------------------|-----------------------------|---------------------|---------------------------------|---------------------------|--------------------------|---------------------------|---------------------|-----------------|-----------------------|---|
| | | Perf | Nom - Prénom | Club | Date | Lieu | Perf | Nom - Prénom | Club | Date | Lieu | | | |
| F | Jun | | | | | | | | | | | | | |
| | Esp | 1:27:16 | VITRY Valerie (1984) | ASPTT Auxerre | 03/07/2005 | Auxerre (89) | 1:27:16 | VITRY Valerie (1984) | ASPTT Auxerre | 03/07/2005 | Auxerre (89) | R | | |
| | Sen | 1:22:43 | TEXIER Solene (1979) | Entente Chalon/Saone | 11/10/2009 | Paris (75) | 1:20:46 | TAVERNIER Nathalie (1966) | ASPTT Auxerre | 01/07/2007 | Auxerre (89) | R | | |
| | Vet | V1 | F40 | 1:20:46 | TAVERNIER Nathalie (1966) | ASPTT Auxerre | 01/07/2007 | Auxerre (89) | 1:20:46 | TAVERNIER Nathalie (1966) | ASPTT Auxerre | 01/07/2007 | Auxerre (89) | R |
| | | | F45 | 1:33:41 | MICHEL Christine (1956) | ASPTT Auxerre | 03/07/2005 | Auxerre (89) | 1:23:07 | LAVAL Dominique (1954) | ASPTT Auxerre | 03/07/2005 | Auxerre (89) | |
| | | V2 | F50 | 1:23:07 | LAVAL Dominique (1954) | ASPTT Auxerre | 03/07/2005 | Auxerre (89) | 1:23:07 | LAVAL Dominique (1954) | ASPTT Auxerre | 03/07/2005 | Auxerre (89) | |
| | | | F55 | 1:41:32 | GODARD Jacqueline (1948) | ASPTT Auxerre | 03/07/2005 | Auxerre (89) | 1:39:19 | POILLOT Simone (1941) | ASPTT Auxerre | 03/07/2005 | Auxerre (89) | |
| | | V3 | F60 | 1:39:19 | POILLOT Simone (1941) | ASPTT Auxerre | 03/07/2005 | Auxerre (89) | 1:39:19 | POILLOT Simone (1941) | ASPTT Auxerre | 03/07/2005 | Auxerre (89) | |
| | | | F65 | 2:18:32 | LECLERC Denise (1933) | Dijon UC | 28/04/2001 | Malte | 2:18:32 | LECLERC Denise (1933) | Dijon UC | 28/04/2001 | Malte | |
| | | V4 | F70 | | | | | | | | | | | |
| | V4 | F75 | | | | | | | | | | | | |
| | M | Jun | 1:08:11 | KRETZMEYER Blaise (1967) | Dijon UC | 13/04/1986 | Dijon (21) | 1:08:11 | KRETZMEYER Blaise (1967) | Dijon UC | 13/04/1986 | Dijon (21) | R | |
| | | Esp | 1:04:59 | GEOFFROY Rémy (1963) | Dijon UC | 14/04/1985 | Dijon (21) | 1:04:59 | GEOFFROY Rémy (1963) | Dijon UC | 14/04/1985 | Dijon (21) | R | |
| Sen | | 1:00:25 | REMOND Philippe (1963) | Dijon UC | 01/06/2000 | Le mans (72) | 1:00:25 | REMOND Philippe (1963) | Dijon UC | 01/06/2000 | Le mans (72) | R | | |
| Vet | | V1 | M40 | 1:10:41 | THOMAS Jean-Francois (1963) | Aj Auxerre Marathon | 03/07/2005 | Auxerre (89) | 1:08:39 | BALLANDRAS Georges (1943) | AS Tournus | 07/04/1991 | Chalon sur Saône (71) | R |
| | | | M45 | 1:08:39 | BALLANDRAS Georges (1943) | AS Tournus | 07/04/1991 | Chalon sur Saône (71) | 1:08:39 | BALLANDRAS Georges (1943) | AS Tournus | 07/04/1991 | Chalon sur Saône (71) | |
| | | V2 | M50 | 1:11:55 | GONZALVES Félix (1936) | COO Châlon | 13/04/1986 | Dijon (21) | 1:11:55 | GONZALVES Félix (1936) | COO Châlon | 13/04/1986 | Dijon (21) | |
| | | | M55 | 1:20:05 | ROBERT Patrick (1950) | ASPTT Auxerre | 01/07/2007 | Auxerre (89) | 1:20:02 | GONZALVES Félix (1936) | COO Châlon | 15/09/1996 | Lons le Saunier (39) | |
| | | V3 | M60 | 1:20:02 | GONZALVES Félix (1936) | COO Châlon | 15/09/1996 | Lons le Saunier (39) | 1:20:02 | GONZALVES Félix (1936) | COO Châlon | 15/09/1996 | Lons le Saunier (39) | |
| | | | M65 | 1:32:44 | BOUGUENA Ali (1938) | Aj Auxerre Marathon | 01/07/2007 | Auxerre (89) | 1:32:44 | BOUGUENA Ali (1938) | Aj Auxerre Marathon | 01/07/2007 | Auxerre (89) | |
| | | V4 | M70 | | | | | | | | | | | |
| V4 | | M75 | | | | | | | | | | | | |

Semi-Marathon

| Sexe | catégorie | "TOP PERF" de la catégorie | | | | | Meilleure Performance Régionale | | | | | Record régional | | |
|------|-----------|----------------------------|------------------------|-------------------------|---------------------------|------------------------|---------------------------------|-------------------------|-------------------------|---------------------------|------------------------|----------------------|-------------------------|---|
| | | Perf | Nom - Prénom | Club | Date | Lieu | Perf | Nom - Prénom | Club | Date | Lieu | | | |
| F | Jun | 1:23:59 | GELIN Clotilde (1977) | Dijon UC | 02/09/1995 | Lille (59) | 1:23:59 | GELIN Clotilde (1977) | Dijon UC | 02/09/1995 | Lille (59) | R | | |
| | Esp | 1:17:57 | DOCOUTO Anne (1975) | ASPTT Auxerre | 20/09/1997 | Greifenseelauf (CH) | 1:17:57 | DOCOUTO Anne (1975) | ASPTT Auxerre | 20/09/1997 | Greifenseelauf (CH) | R | | |
| | Sen | 1:14:37 | TROUSSARD Annie (1974) | Ind Bourgogne | 23/09/2001 | Montbéliard (25) | 1:14:37 | TROUSSARD Annie (1974) | Ind Bourgogne | 23/09/2001 | Montbéliard (25) | R | | |
| | Vet | V1 | F40 | 1:22:24 | LAVAL Dominique (1954) | ASPTT Auxerre | 01/05/1998 | Montceau les Mines (71) | 1:22:24 | LAVAL Dominique (1954) | ASPTT Auxerre | 01/05/1998 | Montceau les Mines (71) | R |
| | | | F45 | 1:24:19 | LAVAL Dominique (1954) | ASPTT Auxerre | 01/07/2001 | Troyes (10) | 1:24:19 | LAVAL Dominique (1954) | ASPTT Auxerre | 01/07/2001 | Troyes (10) | |
| | | V2 | F50 | 1:24:58 | ALEVEQUE Mireille (1948) | EAB Montceau | 01/05/1998 | Montceau Les Mines (71) | 1:24:58 | ALEVEQUE Mireille (1948) | EAB Montceau | 01/05/1998 | Montceau Les Mines (71) | |
| | | | F55 | 1:44:01 | GODARD Jacqueline (1948) | ASPTT Auxerre | 26/09/2004 | La Chapelle St Luc (10) | 1:29:57 | RATEL Claudie (1934) | Ind Bourgogne | 13/05/2001 | Monetaeu (89) | |
| | | V3 | F60 | 1:37:50 | POILLOT Simone (1941) | ASPTT Auxerre | 28/09/2003 | La Chapelle St Luc (10) | 1:29:57 | RATEL Claudie (1934) | Ind Bourgogne | 13/05/2001 | Monetaeu (89) | |
| | | | F65 | 1:29:57 | RATEL Claudie (1934) | Ind Bourgogne | 13/05/2001 | Monetaeu (89) | 1:29:57 | RATEL Claudie (1934) | Ind Bourgogne | 13/05/2001 | Monetaeu (89) | |
| | | V4 | F70 | 2:07:13 | AUTRET Michele (1938) | Entente Chalon/Saone | 21/09/2008 | Lyon (69) - CF | 2:07:13 | AUTRET Michele (1938) | Entente Chalon/Saone | 21/09/2008 | Lyon (69) - CF | |
| | V4 | F75 | | | | | | | | | | | | |
| | M | Jun | 1:11:46 | CHAUDRON Anthony (1974) | ESF / 89 | 12/09/1993 | Nuaille (49) - CF | 1:11:46 | CHAUDRON Anthony (1974) | ESF / 89 | 12/09/1993 | Nuaille (49) - CF | R | |
| | | Esp | 1:07:01 | ROUX Régis (1973) | Ind Bourgogne | 02/04/1995 | Dijon (21) | 1:07:01 | ROUX Régis (1973) | Ind Bourgogne | 02/04/1995 | Dijon (21) | R | |
| Sen | | 1:02:47 | GOMES Augusto (1974) | Dijon UC | 23/09/2001 | Montbéliard (25) | 1:02:47 | GOMES Augusto (1974) | Dijon UC | 23/09/2001 | Montbéliard (25) | R | | |
| Vet | | V1 | M40 | 1:07:35 | REMOND Philippe (1963) | Dijon UC | 04/09/2004 | Lille (59) | 1:07:35 | REMOND Philippe (1963) | Dijon UC | 04/09/2004 | Lille (59) | R |
| | | | M45 | 1:13:21 | BALLANDRAS Georges (1943) | As Tournus | 21/03/1993 | Chalon Sur Saône (71) | 1:13:00 | BALLANDRAS Georges (1943) | AS Tournus | 20/03/1994 | Gueugnon (71) | |
| | | V2 | M50 | 1:13:00 | BALLANDRAS Georges (1943) | AS Tournus | 20/03/1994 | Gueugnon (71) | 1:13:00 | BALLANDRAS Georges (1943) | AS Tournus | 20/03/1994 | Gueugnon (71) | |
| | | | M55 | 1:18:07 | BALLANDRAS Georges (1943) | AS Tournus | 12/09/1999 | Auray-Vannes (56) | 1:18:07 | BALLANDRAS Georges (1943) | AS Tournus | 12/09/1999 | Auray-Vannes (56) | |
| | | V3 | M60 | 1:20:38 | BALLANDRAS Georges (1943) | AS Tournus | 14/09/2003 | Chassieu (69) - CF | 1:20:38 | BALLANDRAS Georges (1943) | AS Tournus | 14/09/2003 | Chassieu (69) - CF | |
| | | | M65 | 1:28:59 | SINARDET Bernard (1937) | EA Mâcon | 13/03/2005 | Bletterans (39) | 1:28:59 | SINARDET Bernard (1937) | EA Mâcon | 13/03/2005 | Bletterans (39) | |
| | | V4 | M70 | 1:33:40 | BOUGUENA Ali (1938) | Aj Auxerre Section Mar | 08/03/2009 | Montargis (45) | 1:33:40 | BOUGUENA Ali (1938) | Aj Auxerre Section Mar | 08/03/2009 | Montargis (45) | |
| V4 | | M75 | 1:53:14 | COURTILLON Max (1927) | Entente Chalon Athlé | 10/03/2002 | Chalon s/ Saône (71) | 1:53:14 | COURTILLON Max (1927) | Entente Chalon Athlé | 10/03/2002 | Chalon s/ Saône (71) | | |

25 Km Route

| Sexe | catégorie | "TOP PERF" de la catégorie | | | | | Meilleure Performance Régionale | | | | | Record régional | |
|------|-----------|----------------------------|-------------------------|---------------------------------|----------------------|----------------------------|---------------------------------|------------------------|---------------------------------|----------------------|----------------------------|-----------------------------|---|
| | | Perf | Nom - Prénom | Club | Date | Lieu | Perf | Nom - Prénom | Club | Date | Lieu | | |
| F | Jun | 1:53:10 | ASSELOT Lucie | Entente Chalon Athlé | 04/06/1988 | Le Creusot - Montceau (71) | 1:53:10 | ASSELOT Lucie | Entente Chalon Athlé | 04/06/1988 | Le Creusot - Montceau (71) | R | |
| | Esp | 1:56:16 | GARCIA Ascenciun (1968) | EA Le Creusot | 11/05/1991 | Le Creusot - Montceau (71) | 1:53:10 | ASSELOT Lucie | Entente Chalon Athlé | 04/06/1988 | Le Creusot - Montceau (71) | R | |
| | Sen | 1:35:51 | AGROUR Fetouma (1967) | ASPTT Dijon | 11/05/1991 | Le Creusot - Montceau (71) | 1:35:51 | AGROUR Fetouma (1967) | ASPTT Dijon | 11/05/1991 | Le Creusot - Montceau (71) | R | |
| | Vet | V1 | F40 | ROYET Geneviève (1946) | ASPTT Dijon | 14/06/1987 | Vannes (56) | 1:43:09 | ROYET Geneviève (1946) | ASPTT Dijon | 14/06/1987 | Vannes (56) | R |
| | | | F45 | MATHEY Micheline (1946) | ASPTT Dijon | 11/05/1991 | Le Creusot - Montceau (71) | 1:53:54 | PERSOUER Michèle | Auxerre Athlé | 04/04/1991 | Montargis (45) | |
| | | V2 | F50 | PERSOUER Michèle | Auxerre Athlé | 04/04/1991 | Montargis (45) | 1:53:54 | PERSOUER Michèle | Auxerre Athlé | 04/04/1991 | Montargis (45) | |
| | | | F55 | | | | | | | | | | |
| | | V3 | F60 | | | | | | | | | | |
| | | | F65 | | | | | | | | | | |
| | M | Jun | 1:27:00 | BATISTE Antoine (1966) | SA Autun | 29/09/1985 | Divonne les Bains (01) - CF | 1:27:00 | BATISTE Antoine (1966) | SA Autun | 29/09/1985 | Divonne les Bains (01) - CF | R |
| Esp | | 1:24:11 | RAMOUSSIN Bruno (1968) | AS Fourchambault | 25/03/1989 | Auxerre (89) | 1:24:11 | RAMOUSSIN Bruno (1968) | AS Fourchambault | 25/03/1989 | Auxerre (89) | R | |
| Sen | | 1:20:06 | RINCE Christian (1952) | Ind Bourgogne | 13/10/1989 | Le Creusot - Montceau (71) | 1:20:06 | RINCE Christian (1952) | Ind Bourgogne | 13/10/1989 | Le Creusot - Montceau (71) | R | |
| Vet | | V1 | M40 | DEMAIZIERE Jean-François (1947) | As Fourchambault | 25/03/1989 | Auxerre (89) | 1:27:57 | DEMAIZIERE Jean-François (1947) | As Fourchambault | 25/03/1989 | Auxerre (89) | R |
| | | | M45 | BALLANDRAS Georges (1943) | AS Tournus | 11/05/1991 | Le Creusot - Montceau (71) | 1:26:50 | BALLANDRAS Georges (1943) | AS Tournus | 11/05/1991 | Le Creusot - Montceau (71) | |
| | | V2 | M50 | GONZALVES Félix (1936) | Entente Chalon Athlé | 25/03/1989 | Auxerre (89) | 1:31:53 | GONZALVES Félix (1936) | Entente Chalon Athlé | 25/03/1989 | Auxerre (89) | |
| | | | M55 | DILLESEGER Georges (1927) | ASPTT Dijon | 23/03/1986 | Givry (71) | 1:47:05 | DILLESEGER Georges (1927) | ASPTT Dijon | 23/03/1986 | Givry (71) | |
| | | V3 | M60 | | | | | | | | | | |
| | | | M65 | | | | | | | | | | |

Marathon

| Sexe | catégorie | "TOP PERF" de la catégorie | | | | | Meilleure Performance Régionale | | | | | Record régional | |
|------|-----------|----------------------------|-------------------------|----------------------------|----------------------|-----------------|---------------------------------|-------------------------|---------------------------|----------------------|-----------------|-----------------|---|
| | | Perf | Nom - Prénom | Club | Date | Lieu | Perf | Nom - Prénom | Club | Date | Lieu | | |
| F | Esp | | | | | | | | | | | | |
| | Sen | 2:54:36 | TROUSSARD Annie (1974) | Indiv Bourgogne | 06/04/2003 | Paris (75) - CF | 2:54:36 | TROUSSARD Annie (1974) | Indiv Bourgogne | 06/04/2003 | Paris (75) - CF | R | |
| | Vet | V1 | F40 | BRELAUD Fetouma (1967) | AC Chenove | 29/04/2007 | Lyon (69) | 2:57:08 | BRELAUD Fetouma (1967) | AC Chenove | 29/04/2007 | Lyon (69) | R |
| | | | F45 | LERAY Anne-Yvonne (1956) | EABM Montceau | 04/04/2004 | Paris (75) | 3:17:25 | LERAY Anne-Yvonne (1956) | EABM Montceau | 04/04/2004 | Paris (75) | |
| | | V2 | F50 | MONOT Annie (1949) | Entente Chalon Athlé | 30/03/2003 | Lyon (69) | 3:35:56 | MONOT Annie (1949) | Entente Chalon Athlé | 30/03/2003 | Lyon (69) | |
| | | | F55 | GODARD Jacqueline (1948) | ASPTT Auxerre | 07/11/2004 | Migennes (89) | 3:42:34 | GODARD Jacqueline (1948) | ASPTT Auxerre | 07/11/2004 | Migennes (89) | |
| | | V3 | F60 | GODARD Jacqueline (1948) | Asptt Auxerre | 05/04/2009 | Cheverny (41) | 3:45:56 | GODARD Jacqueline (1948) | Asptt Auxerre | 05/04/2009 | Cheverny (41) | |
| | | | F65 | MARLIN Claudette (1936) | ASPTT Auxerre | 04/04/2004 | Paris (75) | 4:58:06 | MARLIN Claudette (1936) | ASPTT Auxerre | 04/04/2004 | Paris (75) | |
| | V4 | F70 | MARLIN Claudette (1936) | ASPTT Auxerre | 15/04/2007 | Paris (75) | 5:42:15 | MARLIN Claudette (1936) | ASPTT Auxerre | 15/04/2007 | Paris (75) | | |
| | M | Esp | 2:44:38 | VITRY Sébastien (1981) | ASPTT Auxerre | 06/04/2003 | Paris (75) | 2:44:38 | VITRY Sébastien (1981) | ASPTT Auxerre | 06/04/2003 | Paris (75) | R |
| Sen | | 2:14:21 | REMOND Philippe (1963) | Dijon UC | 17/04/1999 | Londres(GB) | 2:14:21 | REMOND Philippe (1963) | Dijon UC | 17/04/1999 | Londres(GB) | R | |
| Vet | | V1 | M40 | REMOND Philippe (1963) | Dijon UC | 07/11/2004 | New York (Usa) | 2:23:32 | REMOND Philippe (1963) | Dijon UC | 07/11/2004 | New York (Usa) | R |
| | | | M45 | NICOLAS Jean-Claude (1946) | Entente Chalon Athlé | 03/10/1993 | Lyon (69) | 2:34:08 | BALLANDRAS Georges (1943) | AS Tournus | 21/04/1996 | Paris (75) | |
| | | V2 | M50 | BALLANDRAS Georges (1943) | AS Tournus | 21/04/1996 | Paris (75) | 2:34:08 | BALLANDRAS Georges (1943) | AS Tournus | 21/04/1996 | Paris (75) | |
| | | | M55 | BALLANDRAS Georges (1943) | AS Tournus | 28/04/1998 | Paris (75) | 2:38:49 | BALLANDRAS Georges (1943) | AS Tournus | 28/04/1998 | Paris (75) | |
| | | V3 | M60 | SINARDET Bernard (1937) | EA Mâcon | 04/10/1998 | Lyon (69) | 2:59:00 | SINARDET Bernard (1937) | EA Mâcon | 04/10/1998 | Lyon (69) | |
| | | | M65 | COURTILLON Max (1927) | Entente Chalon Athlé | 01/10/1995 | Dijon (21) | 3:26:06 | COURTILLON Max (1927) | Entente Chalon Athlé | 01/10/1995 | Dijon (21) | |
| V4 | | M70 | BOUGUENA Aïi (1938) | Aj Auxerre Marathon | 06/04/2008 | Paris (75) | 3:51:35 | BOUGUENA Aïi (1938) | Aj Auxerre Marathon | 06/04/2008 | Paris (75) | | |
| M75 | | 5:30:05 | STAUNER Renald (1931) | Entente Chalon Athlé | 06/04/2008 | Paris (75) | 5:30:05 | STAUNER Renald (1931) | Entente Chalon Athlé | 06/04/2008 | Paris (75) | | |

Ekiden (Marathon par équipe : 5 - 10 - 5 - 10 - 5 - 7,195)

| Sexe | catégorie | "TOP PERF" de la catégorie | | | | | Meilleure Performance Régionale | | | | | Record régional |
|------|-----------|----------------------------|--------------|--------------|------------|---------------------------------|---------------------------------|--------------|--------------|------------|---------------------------------|-----------------|
| | | Perf | Nom - Prénom | Club | Date | Lieu | Perf | Nom - Prénom | Club | Date | Lieu | |
| F | Sen | 02:49:46 | | Athlé 21 | 14/10/2001 | St Julien en Genevois (74) - CF | 02:49:46 | | Athlé 21 | 14/10/2001 | St Julien en Genevois (74) - CF | R |
| M | Sen | 2:12:56 | | Dijon UC | 05/10/1997 | Evry (91) | 2:12:56 | | Dijon UC | 05/10/1997 | Evry (91) | R |
| | Vet | 2:27:55 | | AJA Marathon | 18/10/2006 | Taverny (95) | 2:27:55 | | AJA Marathon | 18/10/2006 | Taverny (95) | R |

100 Km Route

| Sexe | catégorie | "TOP PERF" de la catégorie | | | | | Meilleure Performance Régionale | | | | | Record régional | |
|------|-----------|----------------------------|---------------------|-----------------------|-----------------------|---------------|---------------------------------|---------------------|-----------------------|-----------------------|---------------|-----------------|---|
| | | Perf | Nom - Prénom | Club | Date | Lieu | Perf | Nom - Prénom | Club | Date | Lieu | | |
| F | Esp | | | | | | | | | | | | |
| | Sen | 8:34:37 | BEC Brigitte (1964) | ASPTT Auxerre | 30/08/2003 | Theillay (41) | 7:51:32 | BEC Brigitte (1964) | ASPTT Auxerre | 30/08/2008 | Theillay (41) | R | |
| | Vet | V1 | F40 7:51:32 | BEC Brigitte (1964) | ASPTT Auxerre | 30/08/2008 | Theillay (41) | 7:51:32 | BEC Brigitte (1964) | ASPTT Auxerre | 30/08/2008 | Theillay (41) | R |
| | | | F45 8:24:56 | BEC Brigitte (1964) | ASPTT Auxerre | 26/09/2009 | Millau (12) | 8:24:56 | BEC Brigitte (1964) | ASPTT Auxerre | 26/09/2009 | Millau (12) | |
| | | V2 | F50 10:12:51 | MONOT Annie (1949) | Entente Chalons Athlé | 25/05/2002 | Theillay (41) | 10:12:51 | MONOT Annie (1949) | Entente Chalons Athlé | 25/05/2002 | Theillay (41) | |
| | | | F55 11:37:18 | GENOIS Colette (1944) | AO Nevers | 25/05/2002 | Theillay (41) | 11:37:18 | GENOIS Colette (1944) | AO Nevers | 25/05/2002 | Theillay (41) | |
| | | V3 | F60 | | | | | | | | | | |
| | | | F65 | | | | | | | | | | |
| | | | F70 | | | | | | | | | | |
| | V4 | F75 | | | | | | | | | | | |
| M | Esp | | | | | | | | | | | | |
| | Sen | 6:52:18 | GACK Denis (1959) | Us Cosne | 04/06/1989 | Migennes (89) | 6:52:18 | GACK Denis (1959) | Us Cosne | 04/06/1989 | Migennes (89) | R | |
| | Vet | V1 | M40 6:54:36 | LAISSU Yves (1956) | AS Tourmus | 05/07/1997 | Mulhouse (68) | 6:54:36 | LAISSU Yves (1956) | AS Tourmus | 05/07/1997 | Mulhouse (68) | R |
| | | | M45 8:02:46 | LEROY Jean (1943) | ASPTT Dijon | 08/09/1990 | Vogelgrun (68) | 8:02:46 | LEROY Jean (1943) | ASPTT Dijon | 08/09/1990 | Vogelgrun (68) | |
| | | V2 | M50 8:56:48 | MARPAUD Paul (1948) | EA Le Creusot | 30/04/2000 | Belves (24) - Label Nat | 8:10:54 | COURTILLON Max (1927) | Entente Chalons Athlé | 31/01/1988 | Rognonas (13) | |
| | | | M55 9:42:25 | FLECHE Gilles (1949) | EA Le Creusot | 17/03/2007 | ST Nazaire-les-Eymes (38) | 8:10:54 | COURTILLON Max (1927) | Entente Chalons Athlé | 31/01/1988 | Rognonas (13) | |
| | | V3 | M60 8:10:54 | COURTILLON Max (1927) | Entente Chalons Athlé | 31/01/1988 | Rognonas (13) | 8:10:54 | COURTILLON Max (1927) | Entente Chalons Athlé | 31/01/1988 | Rognonas (13) | |
| | | | M65 8:34:47 | COURTILLON Max (1927) | Entente Chalons Athlé | 16/03/1996 | Lagord (17) | 8:34:47 | COURTILLON Max (1927) | Entente Chalons Athlé | 16/03/1996 | Lagord (17) | |
| | | V4 | M70 8:53:45 | COURTILLON Max (1927) | Entente Chalons Athlé | 12/04/1997 | Rodenbach (Ger) | 8:53:45 | COURTILLON Max (1927) | Entente Chalons Athlé | 12/04/1997 | Rodenbach (Ger) | |
| | | | M75 10:02:13 | COURTILLON Max (1927) | Entente Chalons Athlé | 21/06/2002 | Torhout (Bel) | 10:02:13 | COURTILLON Max (1927) | Entente Chalons Athlé | 21/06/2002 | Torhout (Bel) | |

24 heures Route

| Sexe | catégorie | "TOP PERF" de la catégorie | | | | | Meilleure Performance Régionale | | | | | Record régional | |
|------|-----------|----------------------------|-------------------------|-----------------------|------------------------|--------------------|---------------------------------|-----------------------|-----------------------|-----------------------|------------|--------------------|---|
| | | Perf | Nom - Prénom | Club | Date | Lieu | Perf | Nom - Prénom | Club | Date | Lieu | | |
| F | Esp | | | | | | | | | | | | |
| | Sen | | | | | | 235 km 596 | BEC Brigitte (1964) | ASPTT Auxerre | 25/05/2006 | BRIVE (19) | R | |
| | Vet | V1 | F40 235 km 596 | BEC Brigitte (1964) | ASPTT Auxerre | 25/05/2006 | BRIVE (19) | 235 km 596 | BEC Brigitte (1964) | ASPTT Auxerre | 25/05/2006 | BRIVE (19) | R |
| | | | F45 | | | | | 186 km 819 | MONOT Annie (1949) | Entente Chalons Athlé | 30/06/2001 | Fleurbaix (62) | |
| | | V2 | F50 186 km 819 | MONOT Annie (1949) | Entente Chalons Athlé | 30/06/2001 | Fleurbaix (62) | 186 km 819 | MONOT Annie (1949) | Entente Chalons Athlé | 30/06/2001 | Fleurbaix (62) | |
| | | | F55 168 km 617 | MONOT Annie (1949) | Entente Chalons Athlé | 20/05/2004 | Brive (19) - Ch Fr | 168 km 617 | MONOT Annie (1949) | Entente Chalons Athlé | 20/05/2004 | Brive (19) - Ch Fr | |
| | | V3 | F60 | | | | | | | | | | |
| | | | F65 | | | | | | | | | | |
| | | | F70 | | | | | | | | | | |
| | V4 | F75 | | | | | | | | | | | |
| M | Esp | | | | | | | | | | | | |
| | Sen | 141 km 436 | DAVID Christophe (1967) | Entente Chalons Athlé | 20/05/2004 | Brive (19) - Ch Fr | 231 km 650 | COURTILLON Max (1927) | Entente Chalons Athlé | 13/11/1988 | Niort (79) | R | |
| | Vet | V1 | M40 204km386m | BEC Hervé (1960) | Asptt Auxerre | 15/10/2005 | St Douillard (18) | 231 km 650 | COURTILLON Max (1927) | Entente Chalons Athlé | 13/11/1988 | Niort (79) | |
| | | | M45 216km387m | BEC Hervé (1960) | ASPTT Auxerre | 21/05/2009 | Brive (19) | 231 km 650 | COURTILLON Max (1927) | Entente Chalons Athlé | 13/11/1988 | Niort (79) | |
| | | V2 | M50 213 km 502 | ROY Bernard (1954) | EA Maçon | 10/04/2004 | St Fons (69) | 231 km 650 | COURTILLON Max (1927) | Entente Chalons Athlé | 13/11/1988 | Niort (79) | |
| | | | M55 195 km 202 | KERCOFF Daniel (1949) | Athletic Club Du Morva | 02/04/2005 | Graviqny (27) | 231 km 650 | COURTILLON Max (1927) | Entente Chalons Athlé | 13/11/1988 | Niort (79) | |
| | | V3 | M60 231 km 650 | COURTILLON Max (1927) | Entente Chalons Athlé | 13/11/1988 | Niort (79) | 231 km 650 | COURTILLON Max (1927) | Entente Chalons Athlé | 13/11/1988 | Niort (79) | |
| | | | M65 188 km 861 | COURTILLON Max (1927) | Entente Chalons Athlé | 29/05/1992 | Croon (NL) | 193 km 725 | COURTILLON Max (1927) | Entente Chalons Athlé | 04/05/1997 | Bâle (CH) | |
| | | V4 | M70 193 km 725 | COURTILLON Max (1927) | Entente Chalons Athlé | 04/05/1997 | Bâle (CH) | 193 km 725 | COURTILLON Max (1927) | Entente Chalons Athlé | 04/05/1997 | Bâle (CH) | |
| | | | M75 178 km 461 | COURTILLON Max (1927) | Entente Chalons Athlé | 22/09/2002 | Saint Maixent (72) | 178 km 461 | COURTILLON Max (1927) | Entente Chalons Athlé | 22/09/2002 | Saint Maixent (72) | |

24 heures Indoor

| Sexe | catégorie | "TOP PERF" de la catégorie | | | | | Meilleure Performance Régionale | | | | | Record régional |
|------|-----------|----------------------------|-----------------------|-----------------------|------------|----------------------|---------------------------------|-----------------------|-----------------------|------------|----------------------|-----------------|
| | | Perf | Nom - Prénom | Club | Date | Lieu | Perf | Nom - Prénom | Club | Date | Lieu | |
| M | Vet V3 | M60 240 km 790 | COURTILLON Max (1927) | Entente Chalons Athlé | 04/02/1990 | Milton Keynes - (GB) | 240 km 790 | COURTILLON Max (1927) | Entente Chalons Athlé | 04/02/1990 | Milton Keynes - (GB) | |